

## Menu Calendar Nutrient Analysis Report - Breakfast 2017-2018

Site: ALL

| Item Name<br>(Serving Size)                     | Carb (g) |
|-------------------------------------------------|----------|
| <b>High School Breakfast Menu Week 1 Day 1</b>  |          |
| <b>MILK</b>                                     |          |
| Lactaid Milk - TR1448 (1 c.)                    | 13.00    |
| 1% White Milk - TR1130 (1 ea.)                  | 12.00    |
| Nonfat Chocolate Milk - TR1131 (1 ea.)          | 24.00    |
| Nonfat White Milk - TR1132 (1 ea.)              | 13.00    |
| Chocolate Soy Milk - TR1133 (1 ea.)             | 19.00    |
| Vanilla Soy Milk - TR1134 (1 ea.)               | 20.00    |
| Nonfat Strawberry Milk - TR1135 (1 ea.)         | 22.00    |
| <b>FRUIT</b>                                    |          |
| Assorted Applesauce - TR1452 (1/2 c.)           | 14.00    |
| Assorted Cupped Fruit - TR1451 (1/2 c.)         | 16.47    |
| Assorted Dried Fruit - TR1453 (1 ea.)           | 25.75    |
| Fresh Fruit Variety - TR1449 (1 ea.)            | 15.94    |
| Apple Juice - TR1120 (1 ea.)                    | 14.00    |
| Orange Juice - TR1148 (4 fl. oz.)               | 13.41    |
| <b>CONDIMENTS</b>                               |          |
| Light Cream Cheese - TR1079 (1 ea.)             | 13.00    |
| <b>ENTREES</b>                                  |          |
| Assorted Cereal - TR1450 (1 ea.)                | 26.89    |
| Cinnamon Mini Bagels - TR1014 (1 ea.)           | 41.00    |
| Strawberry Mini Bagels - TR1015 (1 ea.)         | 41.00    |
| Blueberry Bagel - TR1016 (1 ea.)                | 41.00    |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)          | 41.00    |
| WG Bagel - TR1020 (1 ea.)                       | 29.00    |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00    |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00    |
| Banana Bread - TR1023 (1 ea.)                   | 44.00    |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00    |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00    |
| Mini Cinnis - TR1062 (1 ea.)                    | 40.00    |
| French Toast Crunchmania - TR1069 (1 ea.)       | 37.00    |
| Cinnamon French Toast Slices - TR1102 (1 ea.)   | 28.00    |
| Apple Frudel - TR1105 (1 ea.)                   | 36.00    |
| Cherry Frudel - TR1106 (1 ea.)                  | 37.00    |
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00    |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00    |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00    |
| Orange Muffin - TR1140 (1 ea.)                  | 55.00    |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00    |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00    |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00    |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00    |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00    |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00    |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00    |

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|                                                               |       |
|---------------------------------------------------------------|-------|
| Strawberry Banana Yogurt - TR1251 (1 ea.)                     | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)                           | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                               | 17.00 |
| <b>High School Breakfast Menu Week 1 Day 2</b>                |       |
| <b>MILK</b>                                                   |       |
| Lactaid Milk - TR1448 (1 c.)                                  | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                                | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)                        | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)                            | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)                           | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)                             | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)                       | 22.00 |
| <b>FRUIT</b>                                                  |       |
| Assorted Applesauce - TR1452 (1/2 c.)                         | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)                       | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)                         | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)                          | 15.94 |
| Apple Juice - TR1120 (1 ea.)                                  | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)                             | 13.41 |
| <b>CONDIMENTS</b>                                             |       |
| Light Cream Cheese - TR1079 (1 ea.)                           | 13.00 |
| <b>ENTREES</b>                                                |       |
| Assorted Cereal - TR1450 (1 ea.)                              | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)                         | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)                       | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                              | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)                        | 41.00 |
| WG Bagel - TR1020 (1 ea.)                                     | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)                          | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)                          | 29.00 |
| Banana Bread - TR1023 (1 ea.)                                 | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                              | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                                | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                                  | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)                     | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                                 | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                                | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)                       | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                                | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)                             | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                                | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.)               | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)                    | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)                   | 30.00 |
| Pizza, Cheese, Bagel, Nardone, IW, Breakfast - TR1177 (1 ea.) | 30.00 |
| Turkey Sausage Breakfast Pizza - TR1183 (1 ea.)               | 22.00 |
| Turkey Sausage Pizza Bagel - TR1184 (1 ea.)                   | 20.00 |
| Sausage Pizza Bagel - TR1185 (1 ea.)                          | 30.00 |

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|                                                     |       |
|-----------------------------------------------------|-------|
| Cinnamon Pop Tart - TR1189 (1 ea.)                  | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                     | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)                | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)              | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)           | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)                 | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                     | 17.00 |
| <b>High School Breakfast Menu Week 1 Day 3</b>      |       |
| <b>MILK</b>                                         |       |
| Lactaid Milk - TR1448 (1 c.)                        | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                      | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)              | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)                  | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)                 | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)                   | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)             | 22.00 |
| <b>FRUIT</b>                                        |       |
| Assorted Applesauce - TR1452 (1/2 c.)               | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)             | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)               | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)                | 15.94 |
| Apple Juice - TR1120 (1 ea.)                        | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)                   | 13.41 |
| <b>CONDIMENTS</b>                                   |       |
| Light Cream Cheese - TR1079 (1 ea.)                 | 13.00 |
| Ketchup - TR1122 (1 ea.)                            | 3.00  |
| <b>ENTREES</b>                                      |       |
| Assorted Cereal - TR1450 (1 ea.)                    | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)               | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)             | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                    | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)              | 41.00 |
| WG Bagel - TR1020 (1 ea.)                           | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)                | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)                | 29.00 |
| Banana Bread - TR1023 (1 ea.)                       | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                    | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                      | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                        | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)           | 37.00 |
| Egg Ham & Cheese Bowl - TR1617 (1 bowl)             | 2.47  |
| Egg, Cheese & Potato Bowl 9-12 - TR1335 (3 1/2 oz.) | 24.59 |
| Apple Frudel - TR1105 (1 ea.)                       | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                      | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)             | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                      | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)                   | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                      | 55.00 |

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Site: ALL

|                                                 |       |
|-------------------------------------------------|-------|
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)       | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)             | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                 | 17.00 |
| <b>High School Breakfast Menu Week 1 Day 4</b>  |       |
| <b>MILK</b>                                     |       |
| Lactaid Milk - TR1448 (1 c.)                    | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                  | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)          | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)              | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)             | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)               | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)         | 22.00 |
| <b>FRUIT</b>                                    |       |
| Assorted Applesauce - TR1452 (1/2 c.)           | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)         | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)           | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)            | 15.94 |
| Apple Juice - TR1120 (1 ea.)                    | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)               | 13.41 |
| <b>CONDIMENTS</b>                               |       |
| Light Cream Cheese - TR1079 (1 ea.)             | 13.00 |
| <b>ENTREES</b>                                  |       |
| Assorted Cereal - TR1450 (1 ea.)                | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)           | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)         | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)          | 41.00 |
| WG Bagel - TR1020 (1 ea.)                       | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00 |
| Banana Bread - TR1023 (1 ea.)                   | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00 |
| Breakfast Chicken Patty - TR1529 (1 ea.)        | 25.00 |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                    | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)       | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                   | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                  | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00 |

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Site: ALL

|                                                     |       |
|-----------------------------------------------------|-------|
| Orange Muffin - TR1140 (1 ea.)                      | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.)     | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)          | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)         | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)                  | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                     | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)                | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)              | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)           | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)                 | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                     | 17.00 |
| <b>High School Breakfast Menu Week 1 Day 5</b>      |       |
| <b>MILK</b>                                         |       |
| Lactaid Milk - TR1448 (1 c.)                        | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                      | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)              | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)                  | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)                 | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)                   | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)             | 22.00 |
| <b>FRUIT</b>                                        |       |
| Assorted Applesauce - TR1452 (1/2 c.)               | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)             | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)               | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)                | 15.94 |
| Apple Juice - TR1120 (1 ea.)                        | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)                   | 13.41 |
| <b>CONDIMENTS</b>                                   |       |
| Light Cream Cheese - TR1079 (1 ea.)                 | 13.00 |
| Ketchup - TR1122 (1 ea.)                            | 3.00  |
| <b>ENTREES</b>                                      |       |
| Assorted Breakfast Sandwiches - TR1618 (1 ea.)      | 27.65 |
| Assorted Cereal - TR1450 (1 ea.)                    | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)               | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)             | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                    | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)              | 41.00 |
| WG Bagel - TR1020 (1 ea.)                           | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)                | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)                | 29.00 |
| Banana Bread - TR1023 (1 ea.)                       | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                    | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                      | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                        | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)           | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                       | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                      | 37.00 |
| Ham Egg & Cheese on English Muffin - TR1434 (1 ea.) | 26.25 |

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|-------------------------------------------------|-------|
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                  | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)       | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)             | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                 | 17.00 |
| <b>High School Breakfast Menu Week 2 Day 1</b>  |       |
| <b>MILK</b>                                     |       |
| Lactaid Milk - TR1448 (1 c.)                    | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                  | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)          | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)              | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)             | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)               | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)         | 22.00 |
| <b>FRUIT</b>                                    |       |
| Assorted Applesauce - TR1452 (1/2 c.)           | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)         | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)           | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)            | 15.94 |
| Apple Juice - TR1120 (1 ea.)                    | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)               | 13.41 |
| <b>CONDIMENTS</b>                               |       |
| Light Cream Cheese - TR1079 (1 ea.)             | 13.00 |
| <b>ENTREES</b>                                  |       |
| Assorted Cereal - TR1450 (1 ea.)                | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)           | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)         | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)          | 41.00 |
| WG Bagel - TR1020 (1 ea.)                       | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00 |
| Banana Bread - TR1023 (1 ea.)                   | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                    | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)       | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                   | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                  | 37.00 |

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|-------------------------------------------------|-------|
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                  | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00 |
| Blueberry Pancake - TR1151 (1 ea.)              | 35.00 |
| Maple Eggo Pancakes - TR1152 (1 ea.)            | 35.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00 |
| Waffle, Blueberry, Pillsbury - TR1572 (1 ea.)   | 37.00 |
| Waffle, Maple, Pillsbury - TR1573 (1 ea.)       | 38.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)       | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)             | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                 | 17.00 |
| <b>High School Breakfast Menu Week 2 Day 2</b>  |       |
| MILK                                            |       |
| Lactaid Milk - TR1448 (1 c.)                    | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                  | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)          | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)              | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)             | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)               | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)         | 22.00 |
| FRUIT                                           |       |
| Assorted Applesauce - TR1452 (1/2 c.)           | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)         | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)           | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)            | 15.94 |
| Apple Juice - TR1120 (1 ea.)                    | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)               | 13.41 |
| CONDIMENTS                                      |       |
| Light Cream Cheese - TR1079 (1 ea.)             | 13.00 |
| ENTREES                                         |       |
| Assorted Cereal - TR1450 (1 ea.)                | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)           | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)         | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)          | 41.00 |
| WG Bagel - TR1020 (1 ea.)                       | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00 |
| Banana Bread - TR1023 (1 ea.)                   | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00 |

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Site: ALL

|                                                     |       |
|-----------------------------------------------------|-------|
| Mini Cinnis - TR1062 (1 ea.)                        | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)           | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                       | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                      | 37.00 |
| Ham Egg & Cheese on Croissant - TR1615 (1 ea.)      | 24.25 |
| Ham Egg & Cheese on English Muffin - TR1434 (1 ea.) | 26.25 |
| Ham Egg & Cheese on Pretzel Roll - TR1616 (1 ea.)   | 31.25 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)             | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                      | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)                   | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                      | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.)     | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)          | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)         | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)                  | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                     | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)                | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)              | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)           | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)                 | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                     | 17.00 |
| <b>High School Breakfast Menu Week 2 Day 3</b>      |       |
| <b>MILK</b>                                         |       |
| Lactaid Milk - TR1448 (1 c.)                        | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                      | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)              | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)                  | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)                 | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)                   | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)             | 22.00 |
| <b>FRUIT</b>                                        |       |
| Assorted Applesauce - TR1452 (1/2 c.)               | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)             | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)               | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)                | 15.94 |
| Apple Juice - TR1120 (1 ea.)                        | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)                   | 13.41 |
| <b>CONDIMENTS</b>                                   |       |
| Light Cream Cheese - TR1079 (1 ea.)                 | 13.00 |
| <b>ENTREES</b>                                      |       |
| Assorted Cereal - TR1450 (1 ea.)                    | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)               | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)             | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                    | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)              | 41.00 |
| WG Bagel - TR1020 (1 ea.)                           | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)                | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)                | 29.00 |

## Menu Calendar Nutrient Analysis Report - Breakfast 2017-2018

Site: ALL

|                                                               |       |
|---------------------------------------------------------------|-------|
| Banana Bread - TR1023 (1 ea.)                                 | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                              | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                                | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                                  | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)                     | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                                 | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                                | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)                       | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                                | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)                             | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                                | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.)               | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)                    | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)                   | 30.00 |
| Pizza, Cheese, Bagel, Nardone, IW, Breakfast - TR1177 (1 ea.) | 30.00 |
| Turkey Sausage Pizza Bagel - TR1184 (1 ea.)                   | 20.00 |
| Sausage Pizza Bagel - TR1185 (1 ea.)                          | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)                            | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                               | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)                          | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)                        | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)                     | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)                           | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                               | 17.00 |
| <b>High School Breakfast Menu Week 2 Day 4</b>                |       |
| MILK                                                          |       |
| Lactaid Milk - TR1448 (1 c.)                                  | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                                | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)                        | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)                            | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)                           | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)                             | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)                       | 22.00 |
| FRUIT                                                         |       |
| Assorted Applesauce - TR1452 (1/2 c.)                         | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)                       | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)                         | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)                          | 15.94 |
| Apple Juice - TR1120 (1 ea.)                                  | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)                             | 13.41 |
| CONDIMENTS                                                    |       |
| Light Cream Cheese - TR1079 (1 ea.)                           | 13.00 |
| ENTREES                                                       |       |
| Assorted Cereal - TR1450 (1 ea.)                              | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)                         | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)                       | 41.00 |
| Blueberry Bagel - TR1016 (1 ea.)                              | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)                        | 41.00 |

## Menu Calendar Nutrient Analysis Report - Breakfast 2017-2018

Site: ALL

|                                                 |       |
|-------------------------------------------------|-------|
| WG Bagel - TR1020 (1 ea.)                       | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00 |
| Banana Bread - TR1023 (1 ea.)                   | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00 |
| Breakfast Burrito - TR1034 (1 ea.)              | 26.00 |
| Breakfast Burrito - TR1035 (1 ea.)              | 26.00 |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                    | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)       | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                   | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                  | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                  | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)       | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)             | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                 | 17.00 |
| <b>High School Breakfast Menu Week 2 Day 5</b>  |       |
| <b>MILK</b>                                     |       |
| Lactaid Milk - TR1448 (1 c.)                    | 13.00 |
| 1% White Milk - TR1130 (1 ea.)                  | 12.00 |
| Nonfat Chocolate Milk - TR1131 (1 ea.)          | 24.00 |
| Nonfat White Milk - TR1132 (1 ea.)              | 13.00 |
| Chocolate Soy Milk - TR1133 (1 ea.)             | 19.00 |
| Vanilla Soy Milk - TR1134 (1 ea.)               | 20.00 |
| Nonfat Strawberry Milk - TR1135 (1 ea.)         | 22.00 |
| <b>FRUIT</b>                                    |       |
| Assorted Applesauce - TR1452 (1/2 c.)           | 14.00 |
| Assorted Cupped Fruit - TR1451 (1/2 c.)         | 16.47 |
| Assorted Dried Fruit - TR1453 (1 ea.)           | 25.75 |
| Fresh Fruit Variety - TR1449 (1 ea.)            | 15.94 |
| Apple Juice - TR1120 (1 ea.)                    | 14.00 |
| Orange Juice - TR1148 (4 fl. oz.)               | 13.41 |
| <b>CONDIMENTS</b>                               |       |
| Light Cream Cheese - TR1079 (1 ea.)             | 13.00 |
| <b>ENTREES</b>                                  |       |
| Assorted Cereal - TR1450 (1 ea.)                | 26.89 |
| Cinnamon Mini Bagels - TR1014 (1 ea.)           | 41.00 |
| Strawberry Mini Bagels - TR1015 (1 ea.)         | 41.00 |

## Menu Calendar Nutrient Analysis Report - Breakfast 2017-2018

Site: ALL

|                                                 |       |
|-------------------------------------------------|-------|
| Blueberry Bagel - TR1016 (1 ea.)                | 41.00 |
| Cinnamon Raisin Bagel - TR1018 (1 ea.)          | 41.00 |
| WG Bagel - TR1020 (1 ea.)                       | 29.00 |
| Cinnamon Bagel-fuls - TR1021 (1 ea.)            | 32.00 |
| Original Bagel-fuls - TR1022 (1 ea.)            | 29.00 |
| Banana Bread - TR1023 (1 ea.)                   | 44.00 |
| Breakfast Bites - TR1030 (1 ea.)                | 41.00 |
| Cinnamon Roll - TR1061 (1 ea.)                  | 43.00 |
| Mini Cinnis - TR1062 (1 ea.)                    | 40.00 |
| French Toast Crunchmania - TR1069 (1 ea.)       | 37.00 |
| Apple Frudel - TR1105 (1 ea.)                   | 36.00 |
| Cherry Frudel - TR1106 (1 ea.)                  | 37.00 |
| Apple Cinnamon Muffins - TR1137 (1 ea.)         | 42.00 |
| Banana Muffin - TR1138 (1 ea.)                  | 43.00 |
| Blueberry Muffin - TR1139 (1 ea.)               | 41.00 |
| Orange Muffin - TR1140 (1 ea.)                  | 55.00 |
| Apple Cinnamon Nutri-Grain Bar - TR1144 (1 ea.) | 30.00 |
| Blueberry Nutri-Grain Bar - TR1145 (1 ea.)      | 30.00 |
| Strawberry Nutri-Grain Bar - TR1146 (1 ea.)     | 30.00 |
| Apple Cinnamon Pigglesstick - TR1168 (1 ea.)    | 18.00 |
| Blueberry Pigglesstick - TR1169 (1 ea.)         | 18.00 |
| Pigglessticks - TR1170 (1 ea.)                  | 22.00 |
| Pigglesstick - TR1171 (1 ea.)                   | 18.00 |
| Cinnamon Pop Tart - TR1189 (1 ea.)              | 75.00 |
| Fudge Pop Tart - TR1190 (1 ea.)                 | 76.00 |
| Strawberry Pop Tart - TR1191 (1 ea.)            | 75.00 |
| Cherry Vanilla Yogurt - TR1247 (1 ea.)          | 19.00 |
| Strawberry Banana Yogurt - TR1251 (1 ea.)       | 19.00 |
| Elf Graham Cracker - TR1071 (1 ea.)             | 21.00 |
| Graham Cracker - TR1073 (1 ea.)                 | 17.00 |